

Mystery School Meditation

Settle into your space now. Bring your Loving present and begin to align inside. Ask for the Presence of the Christ to be with you, in you. And ask for the Guidance of the Holy Spirit for the highest Good of everybody concerned.

Bring your awareness to the center of your head. See the Light that is there. Let it grow. And as it is large enough to fill the inside of your head, see yourself walking in that ball of light. And begin seeing yourself walking along a pathway. And you know that this pathway leads to your inner mystery school. And while you're walking on that way, look down at your feet, and see what you're wearing. See how you're dressed and as you continue walking, see what the nature of the path is. It may be gravel or sand or maybe just a dirt path going through the grass. And as you continue to walk, become more involved with the environment, the sights and sounds and fragrances. Are there plants? Are there flowers around you or trees? Can you hear birds singing? Continue to walk? Look up at the sky. Is it a blue sky, or are there clouds, or is it a star filled night sky? So as you continue, you become more and more involved into this internal space. Let it come alive for you.

And as you are walking along, you see up ahead to your Mystery School. Allow it to present itself in whatever form it does. It could appear as a castle, a cathedral, a structure of glass or a mountain. It shapes itself to your nature. So trust as you invite this relationship within you. And soon, you find yourself approaching the entry way. The entry way to your mystery school. And this entry way is a long passage way.

And as you step inside this passage way, it illuminates in the color red, and lights up in this living, red energy. And as you continue to walk, the red energy surrounds you and fills you and seems to respond to you in whatever way you need this color. You continue to walk, and the color changes to orange. And again it fills you and responds to you. You continue to walk and the color changes to yellow. And you breathe this color all through you. And then you step into the green and the blue. And then soon the blue changes into indigo. After a while this gives way to purple and then silver, then the gold and then you step into a turquoise color. Then white fills you. And at the end of the passageway you look at the wall and see the symbol for your mystery school. The symbol covers the wall at the end of the passage way. So stay a moment to engage this image. you reach out and touch it. Feel the pattern, colors and textures. Is a sound audible as you touch engage this symbol.

Now turn to your right and you step into the main hall of the mystery school and become acquainted with the sights, and the sounds of the place, and the furnishings, the colors, the things on the wall, the nature of the wall itself, fragrances. Then you look up at the ceiling. It is transparent, a high vaulted ceiling. Just pause for a moment and be present. The ceiling seems to extend up forever. And then become aware of this consciousness in the center of the room. And you walk closer and become aware of its form. You go closer to the center of the room. And in the center of the room there is a being of Light. And again this consciousness, this being may appear to you in different ways. This being may appear as a vortex of energy or undulating colors with a pair of eyes. It may appear as a person. Just trust how it presents itself. And then, in whatever way it presents itself engage in this consciousness. Make eye contact. Engage the loving that is present. Trust. Just engage

the energy and begin to allow it to remind you of your ancientness and your Holiness. Begin a conversation. As you begin to feel comfortable with this consciousness, step inside of this being and take that within you and around you and orient yourself so you can look out through its eyes, and so it can look out through your eyes.

This is your inner teacher. You can ask him any question. What mystery did you want resolved, question answered. Identify with the question, transform into it. Then see the answer, become the answer, see it where it takes you.

And so you look out into the space you are in through the eyes of this inner consciousness. And this inner mystery school room becomes a place of manifestation. A place of which we can create the seed for what we want to manifest in the world. In this case we are going to create a seed of a prayer. So just take a few breathing cycles where you breathe in the energy from above and below into your heart and then out into the space. And as you do that we prepare to begin.

Prayer (Living Love)

As your ready, step out of the center of the room, turn around and give thanks to this holy consciousness inside you and return to the entry way. Turn to your inner teacher with love and gratitude. Remember, so that you can come back. Step into the passage. Engage the symbol of your school once more. Then turn around and begin walking once more through the colors. Through the turquoise, gold and silver, purple, indigo, blue and green, yellow, orange and red. You turn to the awareness in the center of your head. Extend yourself into your body. And whenever your ready, open your eyes.

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